



Body Transformation Award



transformation award

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ENTRY INFORMATION & CRITERIA

(Must have occurred in the las 3 Years)

(Before and after photos are welcome) send or email to: www.QCBBPromotions@gmail.com

Name: _____

Team/Gym Affiliation: _____

Trainer: _____

City: _____

Phone: _____

Email: _____

Age: _____

Years of Transformation: _____

Weight loss total: _____



Event Competing in: *Diamond Classic*:

Prestige Crystal Cup:

Ruby Championships:

Who or what motivated & inspired you for the life change:

Who would you like to give thanks to: _____
